

Emotional-Vibrational Color Scale™ (EVCS™) *(p.1/2)*

- The *quality* of your everyday choices determines the *quality* of your life—because choice is life and life is choice. So, as you learn how to improve the *quality* of your choices, you naturally improve the *quality* of your life—all day every day.
- The Emotional-Vibrational Color Scale (EVCS) is a clear-cut, precise, step-by-step, and easy way to learn how to accurately *measure* the *quality* of your choices—instantly, every day—so you can quickly “take charge” of the *quality* of your choices and therefore quickly improve the *quality* of your life. Simply follow this 2-page visual on the Emotional-Vibrational Color Scale.

STEP 1: Choose a Word on List
This list of words describe your Emotions from “high vibes” (love/bliss-top) down to “low vibes” (fear/powerlessness-bottom)

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STEP 2: Notice the Range of Colors
These “rainbow colors” describe your vibrations from “high vibes” (violet-top) down to “low vibes” (red-bottom)



STEP 3: Connect Your Word to Color
To MEASURE the *QUALITY* of your choices—notice that the Emotions you feel (in words) are connected to Vibrations you feel (in colors)

Emotional

+

Vibrational



Color Scale

The “high vibe” emotions on Word List

The “low vibe” emotions on Word List

The “high vibe” frequencies of the rainbow colors of light:

- violet
- blue
- green

The “low vibe” frequencies of the rainbow colors of light:

- yellow
- orange
- red

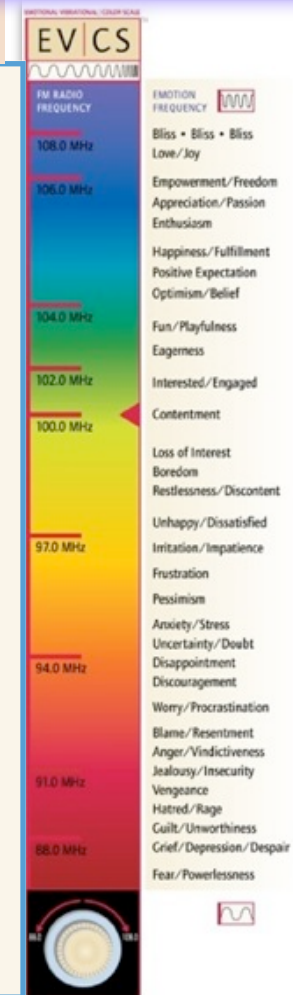
Emotional-Vibrational Color Scale™

Emotional-Vibrational Color Scale™ (EVCS™) *(p.2/2)*

- Notice how easy it is to *LITERALLY SEE* the quality of your choices on the Emotional-Vibrational Color Scale (EVCS)—both the quality of your choices of Emotions (in words) AND the quality of your choices of Vibrations (in colors).
- Use this Choice Tracker below to “track” the consistent direction (up/down) of the quality of your choices. Notice that the “direction” of the quality of your choices *lines up clearly* on the Emotional-Vibrational Color Scale—your “high vibe” (positive) choices at the top of the EVCS to “Achieve What You Want” and the “low vibe” (negative) choices at the bottom that bring you your “Same Old What Is” OLD STORY. So keep making those “high vibe” choices on the EVCS that support your NEW STORY (i.e., your goal) about how your life keeps getting better—so you will find yourself living in those vibrations of a “high vibe” life.
- Try it for just 10 minutes—or one hour—or even for one day. See the difference in your life! “May the Choice be with you!”™

Choice Tracker to Emotional-Vibrational Color Scale™ Connection

CHOICE TRACKER



Your Vibration

